

# Comfy Hours with Dogs

Enjoy each session with therapy dogs to practice relaxation techniques and manage stress

Date: Dec 16,30; Jan 6,13,20,27 (Thu) 6 sessions

Time: 4:30pm – 5:30pm

Venue: Podium Activity Room, 5/F, Shek Mun Campus

All CIE students are welcome!

To provide best quality to participants, a screening questionnaire will be used to match the workshop with suitable applicants.

🐾 Seats are limited, register now! 🐾

<https://bit.ly/comfycie>

