Are You Emotionally Intelligent?

情緒智商工作坊
EMOTIONAL INTELLIGENCE WORKSHOP
3:00PM-4:30PM  OCT 5, 2023 (THU)  SHEK MUN CAMPUS

Emotional Intelligence is the ability to manage both your own emotions and understand the emotions of people around you. Researchers have studied different animals to determine their EQ level. How high do you think your EQ is?

HEDGEHOG  CAT  GORILLA  DOLPHIN  ELEPHANT  YOU

EQ SCORE

Student Development Centre
Enquiry: 3411 3303 / ciesdc@hkbu.edu.hk

SIGN UP NOW!
Limited Capacity
Free of Charge