

精神健康及共融校園守護者

MENTAL HEALTH & INCLUSION GATEKEEPERS

培訓工作坊1: 情緒管理

Emotion MANAGEMENT

Training Workshop 1



Good Mood Food Tasting



Interactive Emotion Games

DATE: 17 APRIL 2025

TIME: 13:30-17:30

VENUE: SMC909

ENQUIRY: 3411 3303

EMAIL: CIESDC@HKBU.EDU.HK

JOIN NOW



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