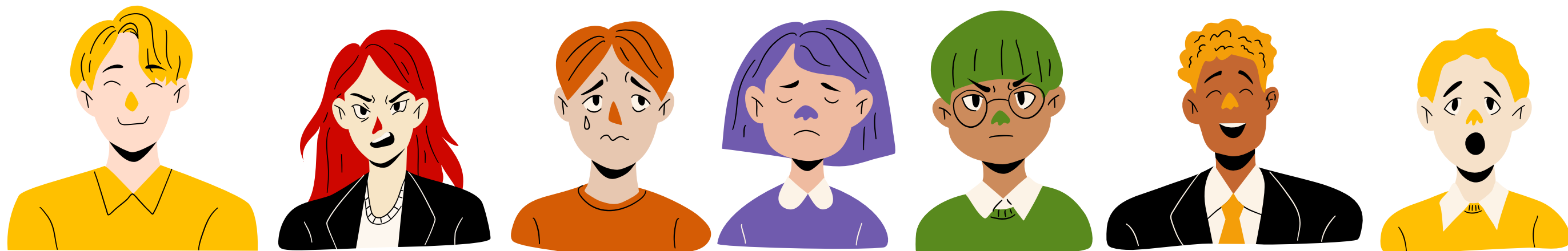


*Talking about mental health is not a failure*



## **Youth Mental Health First Aid** 精神健康急救(關懷青少年)課程 (Internationally Accredited Course)

Certificate  
course



On completion of the course, participants will receive a Youth Mental Health First Aid certificate issued by the Mental Health Association of Hong Kong.

完成十四小時課程後可獲發精神健康急救(關懷青少年)課程證書。

Please scan QR code for Registration :



**Class A:**  
**16 Feb**  
**2, 16, 30 Mar**  
**& 13 Apr 2023 (Thur)**  
**Time: 15:30-18:30**

**Class B:**  
**11 & 18 Mar (Sat)**  
**Time: 09:30-17:30**

**Venue: Shek Mun Campus**  
**Language: Cantonese**  
**Target: All SCE Students**

- Preserving Life by preventing situation getting worse
- Learn about signs and symptoms of common mental health problems
- Learn how to offer help to people with mental health problem
- Learning more about mental health

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*Identify. Understand. Aware*