

*Talking about mental health is not a failure*



## Mental Health First Aid and Restraint & Breakaway Certificate 精神健康急救及暴力行為控制/脫身法證書課程

學習處理暴力行為之控制  
及脫身方法！

Learn how to deal with  
violent behavior with  
restraint and breakaway  
techniques!!

1 Course 2 Certificates



Date: 3 July & 10 July 2024

Time: 09:30 - 17:30

Venue: SMC 813 (3 July)

SMC 1206 (10 July)

Language: Cantonese

Target: All SCE Students



*Identify. Understand. Aware*



On completion of the course,  
participants will receive a  
Mental Health First Aid  
certificate issued by the Mental  
Health Association of Hong Kong  
and eligible for applying Restraint &  
Breakaway Certificate recognized by  
IAOTH, IICS & ACCPH.

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Please scan QR code for Registration :

