

Bachelor of Social Sciences (Honours) in SPORT AND RECREATION LEADERSHIP

運動及康樂領袖學社會科學學士 (榮譽) 學位課程

PROGRAMME FEATURES

This programme equips students to become sport and recreation professionals with sound knowledge of human development and a strong sense of social responsibility for community services.

- Prepares students to provide sport and recreation services for the mainstream as well as different sectors of the population, including the elderly and children with special education needs (SEN);
- Integrates broad-based academic knowledge with practical training;
- Helps students gain valuable working experiences in different sport and recreation organisations, through extensive professional placement (500 hours of internship over a period of two years).



CAREER PROSPECTS

- Sport executives for organisations serving people with/without special needs
- Recreation programme coordinators in community centre serving people with/without special needs
- Recreation officers in civil services
- Sport executives in national sport organisations
- Fitness consultants to the fitness industry
- Officers in disciplinary forces
- Teachers/Lecturers in education sector

ALUMNI SHARING



This programme has taught me how to resolve conflict effectively and maintain professionalism in the workplace.

LEUNG CHUNG KUEN, KEN (GRADUATE OF 2018)

ASSISTANT MANAGER
HONG KONG PHAB ASSOCIATION JOCKEY CLUB PHAB CAMP

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The Bachelor of Social Sciences (Hons) in Sport and Recreation Leadership programme (2-year top-up degree programme) equips students with knowledge and practical skills to serve people of the general public; in particular, special populations in the sport and recreation industries.



DR. HEATHER KWOK
PROGRAMME DIRECTOR

PROGRAMME STRUCTURE

MAJOR CORE COURSES (51 UNITS)

- Individual Differences in Cognition, Learning and Skill Acquisition
- Internship I & II
- Individual Differences in Physical Attributes and Movement Patterns
- Life-span Development
- Scientific Principles of Human Movement
- Communication for Sport and Recreation Leaders
- Recreation Leadership
- Recreation Programming and Programme Evaluation
- Research Methods
- Honours Project I & II
- Design and Management of Sport and Recreation Facilities
- Financial and Human Resources Management in Sport and Recreation
- Sport and Recreation for Persons with Physical and Intellectual Disabilities
- Health Fitness Assessment and Exercise Prescription
- Marketing in Sport and Recreation

MAJOR ELECTIVE COURSES (12 UNITS)

- Nutrition and Health
- Prevention and Care of Sport Injuries
- Planning and Leading Rhythmic Activities
- Leisure Education
- Planning and Leading Inclusive Games and Activities
- Leisure Counselling
- Outdoor Recreation and Adventure Education Programming
- Planning and Leading Water Activities
- Sports for Persons with Special Needs

GENERAL EDUCATION CAPSTONE COURSE (3 UNITS)

- Social Inclusion in Outdoor Recreation and Adventure Education Programming*

* This GE capstone course will be open to all self-funded undergraduate students. Students may select a GE capstone course offered by different self-funded undergraduate programmes.



TUITION
FEE

For local applicants:
HK\$44,600 per semester

Students are required to complete 66 units in two years at HK\$2,703 per unit.

For non-local applicants:
HK\$45,474 per semester;
at HK\$2,756 per unit.



hkbcue.hk/bsr

Remarks:
The College reserves the right to make changes to these courses without prior notice.